



Hot Drinks

A full range of delicious aromatic coffee is available from our self service coffee machine

Cappuccino - The frothy one!	£1.20
Long Black - Tall, dark & strong	80p
Latte - The milky one!	£1.20
Luxury Hot Chocolate - Warm & tasty	£1.50
Espresso - Short, dark & strong!	£1.00
Tea - The refreshing cuppa	80p



Sandwiches

Egg Mayonnaise & Tomato	£1.40
Cheese & Coleslaw	£1.40
Ham & Coleslaw.....	£1.40
Egg Mayonnaise	£1.40
Cheese & Spring Onion	£1.40
Tuna Mayonnaise & Sweetcorn	£1.40

Sandwiches

Asian Chicken	£2.20
Benjys Club.....	£2.20
BLT.....	£2.20
Chicken with Sage & Onion Stuffing.....	£2.20
Ham & Brie.....	£2.20
Ham, Mature Cheddar & Ranch Dressing Ploughmans.....	£2.20
Smoked Turkey, Cream Cheese & Cranberry.....	£2.20
Chicken Breast, Bacon & Mayonnaise	£2.20
Cheese & Pickle	£2.20
Bacon, Egg & Rocket.....	£2.20
Benjys Breakfast.....	£2.20
Chicken Breast Salad with Mayonnaise.....	£2.20
Prawn Mayonnaise	£2.20
Ham & Mature Cheddar.....	£2.20
Mature Cheddar	£2.20
Tuna, Mayonnaise & Cucumber	£2.20

Gourmet Sandwiches

Free Range Egg Mayonnaise, Smoked Salmon & Cream Cheese.....	£2.50
Roasted Chicken with Mozzarella & Pesto.....	£2.50
Roasted Vegetables	£2.50
Wiltshire Ham with French Brie & Tomato.....	£2.50



Sandwiches

Brie Salad Wedge.....	£2.00
Smoked Turkey Wedge	£2.00
Chicken Mayonnaise Wedge.....	£2.00
Tuna Salad with Cream Cheese & Cucumber Wedge.....	£2.00

Better 4 U

Chicken Breast Salad Sandwich.....	£2.20
Tuna Lemon & Light Mayonnaise Sandwich	£2.20
Roasted Mediterranean Veg, Philadelphia & Cucumber Sandwich.....	£2.20
Smoked Turkey Salad Sandwich.....	£2.20
Tuna, Red Peppers & Crème Fraiche Sandwich.....	£2.20
Italian Chicken Roll.....	£2.20
Red Salmon Roll.....	£2.20

Deep Fill

Cheese, Lettuce & Tomato.....	£2.40
All Day Breakfast.....	£2.40
Ham Salad & Mustard Mayonnaise	£2.40

Triple Pack

Mixed.....	£2.40
Dairy.....	£2.40
Fish.....	£2.40

Speciality Breads

Mature Cheddar Bloomer.....	£1.50
Ham & Mustard Bloomer.....	£1.50
Cheese & Onion Bloomer.....	£1.50
Salmon & Cucumber Bloomer.....	£1.50
Greek Salad with Tzatziki Focaccia.....	£2.50
Bacon & Cream Cheese Bagel.....	£2.00
Cheese Croissant.....	£1.60
Cheese & Ham Croissant.....	£1.60
Chicken & Spinach Ciabatta	£2.50
Mozzarella & Plum Tomato Ciabatta.....	£2.50
Chicken Fajita Wrap.....	£2.50
Tuna Mayonnaise Wrap	£2.50
Cream Cheese & Roasted Peppers Wrap	£2.50

Torpedoes

Just Ham.....	£2.00
Cheese & Pickle	£2.00
Cheese & Tomato	£2.00
Ham, Cheese & Pickle.....	£2.00
Cheese & Onion.....	£2.00
Chicken Breast & Salad	£2.00
Chicken Fajita & Tomato.....	£2.00
Tuna Mayonnaise with Diced Salad.....	£2.00
Tuna Mayonnaise & Cucumber.....	£2.00
Brie & Bacon.....	£2.00
Egg Mayonnaise.....	£2.00
Bacon & Egg Mayonnaise.....	£2.00

Rolls

Ham & Coleslaw	£1.20
Ham & Tomato.....	£1.20
Cheese & Pickle	£1.20
Cheese & Tomato	£1.20
Cheese Twirl.....	£1.20
Tuna Mayonnaise & Sweetcorn Twirl.....	£1.20
Ham & Coleslaw Twirl	£1.20
Chicken Mayonnaise Twirl	£1.20
Cheese & Tomato Twirl	£1.20
Turkey & Stuffing Twirl.....	£1.20
Cheese & Red Onion Twirl.....	£1.20
Ham & Salad Twirl.....	£1.20
Egg Mayonnaise Twirl	£1.20
Corned Beef Twirl.....	£1.20

Like a picnic basket
only bigger



Breakfast Bowls

Just Grapefruit.....	£1.50
Mini Fresh Fruit Salad.....	£1.50
Banana Breakfast Pot.....	£1.50
Greek Yoghurt with Honey & Granola.....	£1.50
Greek Yoghurt with Mango & Blueberry.....	£1.50

Salads & Fruit Salads

Layered Salads

Cheese Pasta.....	£2.20
Chicken & Mayonnaise Pasta.....	£2.20
Prawn Layered.....	£2.20
Tuna Pasta.....	£2.20

Deli Salads

Dolphin Friendly Tuna & Leaf.....	£2.20
Egg & New Potato Salad with French Dressing.....	£2.20
Italian Chicken & Leaf.....	£2.20
Moroccan Cous Cous with Grilled vegetables.....	£2.20
Baby Plum Tomatoes, Mozzarella & Spinach.....	£2.20

Pasta & Rice Salads

Chicken & Bacon.....	£2.20
Chicken & Mexican Bean.....	£2.20
Italian Tuna Pasta.....	£2.20
Benjys Tuna Pasta.....	£2.20
Three Bean.....	£2.20
Lentil & Brown Rice.....	£2.20
Pasta & Basil.....	£2.20
Prawn Cocktail.....	£2.20
Chicken, Tomato & Red Cheddar.....	£2.20

Large Compartment Salads

Chicken with Coleslaw & New Potato.....	£3.60
Cold Meat with Coleslaw & New Potato.....	£3.60
Peppered Mackerel.....	£3.60

Large Salads

Chicken Caesar.....	£2.60
Chicken, Bacon on Herb Pasta.....	£2.60
Greek.....	£2.60
Green.....	£2.60
Niçoise.....	£2.60
Chefs.....	£2.60

Fruit Salads

Melon Medley.....	£2.00
Summer Fruit.....	£2.20
Tropical Fruit.....	£2.20
Fresh Honeydew Melon.....	£2.20
Melon Trio.....	£2.20
Orange & White Melon with Black Grapes.....	£2.20
Fresh Mango.....	£2.20
Fresh Pineapple.....	£2.20

Hot Food

Torpedoes/Rolls/Sandwiches/Burgers/Burritos/Paninis/Halal

Bacon Torpedo.....	£2.40
Breakfast Mix Torpedo.....	£2.40
Egg & Sausage Torpedo.....	£2.40
Hot Dog Torpedo.....	£2.40
Sausage Torpedo.....	£2.40
Sausage & Bacon Torpedo.....	£2.40
Bacon Roll.....	£1.50
Sausage Roll.....	£1.50
Bacon & Egg Sandwich.....	£2.00
Sausage & Egg Sandwich.....	£2.00
Cheese & Bacon Burger.....	£2.40
Cheese & Onion Burger.....	£2.40
Chicken Breast Burger.....	£2.40
Bean & Vegetable Burrito.....	£2.40
Spicy Beef Burrito.....	£2.40
Spicy Chicken Burrito.....	£2.40
BBQ Chicken Panini.....	£2.40
Ham & Swiss Cheese Panini.....	£2.40
Tuna & Cheese Panini.....	£2.40

Hot Food continued

Vegetable & Mozzarella Panini.....	£2.40
Chicken & Jalapeno Panini.....	£2.40
Ham, Cheese & BBQ Sauce Panini.....	£2.40
Bacon & Cheese Muffin.....	£1.50
Bacon & Egg Cheese Muffin.....	£1.50
Egg & Cheese Muffin.....	£1.50
Sausage & Cheese Muffin.....	£1.50
Sausage, Egg & Cheese Muffin.....	£1.50
Halal Meat	
Chicken Pakora.....	£1.40
Onion Bhaji.....	80p
Lamb, Chicken or Vegetable Samosa.....	80p
Jamaican Meat Pattie.....	£1.40
Jamaican Vegetable Pattie.....	£1.40

Hot Meals & Jacket Potatoes

Breakfast Meal Tray.....	£2.50
Cheese & Beans Jacket Potato.....	£2.50
Cheese, Bean & Sausage Jacket Potato.....	£2.50
Chicken Curry Jacket Potato.....	£2.50
Lasagne Ready Meal.....	£2.00
Bangers & Mash Ready Meal.....	£2.50
Cottage Pie Ready Meal.....	£2.50
Chilli Con Carne & Rice Ready Meal.....	£2.50
Spaghetti Bolognese Ready Meal.....	£2.50

Pies & Pasties

Sausage Rolls.....	£1.20
Cheese & Onion Pastie.....	£1.40
Cornish Pastie.....	£1.40
Meat & Potato Pie.....	£1.40
Steak & Kidney Pie.....	£1.40
Chicken & Mushroom Pie.....	£1.40
Beef & Onion Pie.....	£1.40
Jamaican Meat Pattie.....	£1.40
Jamaican Vegetable Pattie.....	£1.40

Desserts & Cakes

Bakewell Tart.....	70p
Jam Donut.....	70p
Apple Tart.....	70p
Cherry Tart.....	70p
Belgium Bun.....	70p
Chelsea Bun.....	70p
Blueberry Muffin.....	70p
Lemon Muffin.....	70p
Chocolate Muffin.....	70p
Eccles Cake.....	70p
Butter Scone & Jam.....	70p
Yoghurts.....	60p
Assorted Crisps.....	50p-70p
Assorted Chocolates.....	40p
A selection of Canned Drinks.....	50p-£1.20
A selection of Bottled Drinks.....	60p-£1.20